



Frailty Summer School

14-19 June 2020 | Groningen & Leeuwarden | The Netherlands

Objectives

- To expand your international and interprofessional network
- To exchange expertise and experience on frailty and frailty research

Learning outcomes

After the Summer School, you will:

- Understand the concept of frailty from different perspectives
- Be able to assess the construct of frailty from different perspectives
- Be able to reflect on your own frailty related research question, research design, data analysis and data interpretation

Who can participate?

Healthcare professionals, researchers, and lecturers can attend the Summer School. The interactive program will be tailored to the various types of participants. Topics will be offered on both basic and advanced level.

Language

To be able to participate in the Summer School, basic level of English language is required.

Registration

To register, please complete the online [form](#).

Registration fee (hotel is not included):

FAITH members: €300

Non-FAITH members: €600

Contact

Harriët Jager-Wittenaar
Director FAITH Academy
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Main topics and speakers

- Frailty from a holistic point of view
 - Frailty instruments
 - Sarcopenia and frailty
 - Frailty vs. intrinsic capacity: conflict or complementary?
 - Prevention and treatment of frailty from a public health perspective
 - Frailty diagnosis in the comprehensive geriatric assessment
 - How to assess malnutrition and malnutrition risk in older adults?
 - How to measure physical activity in daily practice and research settings?
 - Family care
 - Frailty in persons with psychiatric disorders
 - Frailty in persons with intellectual and visual disabilities
 - International Prevalence Measurement of Care Quality
 - Picturing frailty
 - Change and implementation: how to make it happen?
 - Developments in the prevention and treatment of frailty on the European level
 - Design research
 - Data analysis and interpretation: towards advanced quantitative and qualitative statistical analyses
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- Dr. Hans Barf – NHL Stenden University of Applied Sciences (NL)
 - Prof. dr. Ivan Bautmans – Vrije Universiteit Brussel (B)
 - Prof. Nynke Boonstra – NHL Stenden University of Applied Sciences (NL)
 - Prof. Hans Drenth – Hanze University of Applied Sciences (NL)
 - Dr. Gea van Dijk – NHL Stenden University of Applied Sciences (NL)
 - Prof. Evelyn Finnema – NHL Stenden University of Applied Sciences (NL)
 - Prof. Robbert Gobbens – InHolland University of Applied Sciences (NL)
 - Prof. Hans Hobbelen – Hanze University of Applied Sciences (NL)
 - Prof. Harriët Jager-Wittenaar – Hanze University of Applied Sciences (NL)
 - Prof. Job van 't Veer – NHL Stenden University of Applied Sciences (NL)
 - Prof. Wim Krijnen – Hanze University of Applied Sciences (NL)
 - Prof. Fons van der Lucht – RIVM, Hanze University of Applied Sciences (NL)
 - Prof. Marie Louise Luttik – Hanze University of Applied Sciences (NL)
 - Dr. Marta Muszalik – Nicolaus Copernicus University (PL)
 - Prof. dr. Anne Margriet Pot – VU University Amsterdam, Ministry of Health, Welfare and Sport (NL)
 - Renger Parker – Hanze University of Applied Sciences (NL)
 - Dr. Feija Schaap, MSc – NHL Stenden University of Applied Sciences (NL)
 - Dr. Martine Sealy – Hanze University of Applied Sciences (NL)
 - Dr. Michael Tieland – Amsterdam University of Applied Sciences (NL)
 - Prof. Aly Waninge – Hanze University of Applied Sciences (NL)
 - Prof. dr. Hajo Zeeb – University of Bremen (D)

Program day by day

Sunday 14 June 2020

Location: Groningen, to be announced

17:30 – 21:30 Welcome dinner and introduction



Monday 15 June 2020

Theme: The concept of frailty from different perspectives

Location: NHL Stenden University of Applied Sciences, Leeuwarden

9:30 – 10:15	Picturing frailty – part 1 School of Minerva
10:15 – 11:00	Frailty from a holistic point of view Prof. Robbert Gobbens
11:30 – 11:40	Tea/coffee break
11:40 – 12:25	Prevention and treatment of frailty from a public health perspective Prof. dr. Hajo Zeeb
12:25 – 13:00	Sarcopenia and physical frailty Dr. Michael Tieland
13:00 – 13:45	Lunch break
13:45 – 14:15	Picturing frailty – part 1 School of Minerva
14:15 – 15:00	International Prevalence Measurement of Care Quality To be confirmed
15:00 – 15:10	Short break
15:10 – 16:00	Family care Prof. Marie Louise Luttik
16:00	Closing of day 1

Tuesday 16 June 2020

Theme: Considerations in the assessment of frailty

Location: Hanze University of Applied Sciences, Wiebenga building

8:00 – 8:30	Breakfast
8:30 – 9:15	Why is it important to include the frailty diagnosis in comprehensive geriatric evaluation? Prof. dr. Barbara van Munster
9:15 – 9:45	How to assess malnutrition and malnutrition risk in older adults? Prof. Harriët Jager-Wittenaar
9:45 – 10:30	How to assess physical activity in daily practice and research settings? Prof. dr. Ivan Bautmans
10:30 – 11:00	Tea/coffee break
11:00 – 11:30	Frailty in persons with a psychiatric disorder Prof. Nynke Boonstra and Dr. Gea van Dijk
11:30 – 12:00	Frailty in persons with intellectual or visual disabilities Prof. Aly Waninge and Dr. Feija Schaap
12:00 – 13:00	Lunch break
13:00 – 13:45	Design research Dr. Job van 't Veer
13:45 – 15:30	How to assess frailty: from theory to practice (hands on session in Hanze Active Ageing Lab) Prof. Hans Drenth, Dr. Martine Sealy, Renger Parker
15:30 – 16:00	Tea/coffee break
16:00 – 16:45	Developing/reflecting on your own research question Dr. Marta Muszalik and Dr. Hans Barf
16:45 – 17:30	Picturing frailty – part 3 School of Minerva

Wednesday 17 June 2020

Theme: Real life data collection

Locations: healthcare institutions in the Provinces of Groningen, Drenthe, Friesland



Thursday 18 June 2020

Theme: Reflecting on research question, data analysis and interpretation

Location: Hanze University of Applied Sciences, Wiebenga building

8:30 – 9:15	Developments in the prevention and treatment of frailty on the European level To be confirmed
9:15 – 10:00	Frailty vs. intrinsic capacity: conflict or complementary? Prof. dr. Anne Margriet Pot
10:00 – 10:30	Tea/coffee break
10:30 – 12:30	Data analysis and interpretation: towards advanced quantitative statistical analyses Prof. Wim Krijnen
12:30 – 13:30	Lunch break
13:30 – 15:00	Data analysis and interpretation: towards advanced qualitative analyses Dr. Hans Barf and Dr. Feija Schaap
15:00 – 15:30	Tea/coffee break
15:30 – 17:30	Preparing poster presentations for FAITH Meet Up Prof. Harriët Jager-Wittenaar
18:30 – 21:30	Dinner event



Friday 19 June 2020

Theme: FAITH Meet Up

9:30 – 10:30	Picturing frailty – part 4 School of Minerva
10:30 – 12:30	Presentations FAITH Summer School and Picturing Frailty
12:30 – 13:00	Evaluation Summer School
13:00 – 14:00	Lunch

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In my position as a geriatrician, even in my personal experience, I recommend the FAITH Frailty Summer School, because it is an incredible opportunity to talk and learn about healthy aging in a multidisciplinary environment and with an excellent teamwork.

In addition, it is a common space to share with researchers from many countries and an opportunity to expand your professional network.

The lectures and the lecturers satisfied all my expectations, with rigorous scientific contents but, above all, demonstrating the happiness and professional dedication that our patients need.

*Genesis Olaya Loor,
Hospital Universitario Ramón y Cajal, Madrid*

