





12-15 June 2023 Groningen, The Netherlands

# FAITH research Summer School

Improving resilience to the challenges in healthcare today and in the future













# FAITH research Summer School

Groningen | The Netherlands | 12-15 June 2023

#### Who can attend?

Junior researchers, PhD candidates, postdoc researchers, and lecturers.

The Summer School will continue with a minimum of 12 participants.

## **Objectives**

- To expand expertise and experience in the transition of care to health and vitality
- To explore opportunities of technologie interventions, social and care interventions
- To explore a multidimensional, multinational and interprofessional approaches to resilience
- To expand the knowledge of related research methodology
- To expand participants interprofessional and international network

## Learning outcomes

After the Summer School, you:

- Are equipped to contribute to the transition of healthcare to health and vitality
- Will have extended knowledge about methods and techniques of applied research
- · Will gain insight in current developments in health and health care

## Language

A basic level of the English language is required.

## Registration

To register, please complete the online <u>form</u> Registration fee (hotel is not included):

FAITH members: €500

Non-FAITH members: €700

Students and volunteers: €200

**Contact details** 

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## Main topics

## On the concepts of frailty & resilience

- Resilience from a holistic point of view
- Transition of healt care to health and vitality

## On the variety in applied resilience research

- Citizen Science
- Client empowerment as a tool for treatment
- Empowering resilience in the district; Fieldlab All inclusive lab
- · Design for mental health
- Interprofessional collabration
- Positive health models
- Prevention models
- Public health models
- Public health status forecasting
- Treatment of resilience from a public health perspective
- Reablement in care for older people
- · Resilience in persons with intellectual disabilities
- Value Based Health care
- Vitality capacity
- Vitality and health
- Family care

## On methodological developments in resilience research

 Design based research – develop a dynamic system – participants make their own prototype







## **Speakers**

- Prof. dr. Ivan Bautmans Vrije Universiteit Brussel (BE)
- Mrs. Djoeke Besselink Hanze University of Applied Sciences (NL)
- Mr. Klaus Boonstra GGD Fryslân (NL)
- Mrs. Nicole Bruin Patyna and Hanze University of Applied Sciences (NL
- Mrs. Ellen de Bruin NHL Stenden University of Applied Sciences (NL)
- Prof. Hans Drenth Hanze University of Applied Sciences (NL)
- Prof. Hans Hobbelen Hanze University of Applied Sciences (NL)
- Dr. Sandra Jorna-Lakke Hanze University of Applied Sciences (NL)
- Prof. Janneke Metselaar NHL Stenden University of Applied Sciences (NL)
- Prof. Fons van der Lucht Hanze University of Applied Sciences (NL)
- Prof. Marie Louise Luttik Hanze University of Applied Sciences (NL)
- Dr. Annelies Overwijk Hanze University of Applied Sciences (NL)
- Dr. Jan-Jaap Reinders Hanze University of Applied Sciences (NL)
- Dr. Pepijn Roelofs NHL Stenden University of Applied Sciences (NL)
- Dr. Rhoda Schuling Hanze University of Applied Sciences (NL)
- Prof. Geert van der Sluis Hanze University of Applied Sciences (NL)
- Prof. Job van 't Veer NHL Stenden University of Applied Sciences (NL)
- · Mr. Lars Veldmeijer NHL Stenden University of Applied Sciences (NL)
- Dr. Gera Welker University Medical Center Groningen (NL)
- Prof. dr. Hajo Zeeb Leibniz Institute for Prevention Research and Epidemiology (DE)







## Program day by day

## Monday 12 June 2023

Theme: Health of the population: concepts and developments Location: Hanze University of Applied Sciences, Groningen

## Morning:

- Welcome and introduction
- Workshops and discussion Prof. Fons van der Lucht and Mr. Klaus Boonstra
- General view of public health, the social domain and healthcare; development and expectations for the future
- Public Health models
- Challenges for today and in the future in healthcare, the social domain and public health

#### Lunchbreak

#### Afternoon:

- Design for mental health workshop Prof. Job van 't Veer and Mr. Lars Veldmeijer
- Introduction assignment Prof. Job van 't Veer
- How to support a healthy lifestyle for people with intellectual disabilities? An integral lifestyle approach for professionals Dr. Annelies Overwijk
- Interprofessional collaboration; from practice to measurement Dr. Jan-Jaap Reinders
- Working on the assignment

## Evening:

- Event with dinner







## Tuesday 13 June 2022

Theme: Citizens/ patients perspective and involvement Location: Hanze University of Applied Sciences, Groningen

## Morning:

- Welcome and introduction
- Developing Health Literacy Tools Dr. Sandra Jorna-Lakke and Mrs. Nicole Bruin
- People oriented and value driven care Dr. Gera Welker
- Citizen Science; how to involve citizens in healthcare Dr. Rhoda Schuling

#### Lunchbreak

#### Afternoon:

- Family care and informal care; the power of the system Prof. Marie Louise Luttik
- Promoting vitality among students Dr. Pepijn Roelofs
- Working on assignment







## Wednesday 14 June 2022

Theme: Healthcare innovations: prevention, technology, reablement in the care system

Location: Fieldtrip Sûnenz ZuidOostZorg, Drachten and Hanze University of Applied Sciences, Groningen

## Morning:

- Prevention in healthy ageing Prof. Hans Hobbelen
- Reablement in care for older people: from mindset to implementation Prof. Hans Drenth
- Guided tour
- Health and care in patients that undergo major surgery Prof. Geert van der

Sluis

 Back to the human size: how can we find effective solutions to tackle poverty – Mrs. Ellen de Bruin

Lunchbreak and traveling to Groningen

#### Afternoon:

- Equity of opportunity Prof. dr. Hajo Zeeb
- Vitality capacitiy Prof. dr. Ivan Bautmans
- Working on assigment

## Evening:

- Social program with dinner







## Thursday 15 June 2022

Theme: interventions and policy – crossing borders & student presentations Location: Hanze University of Applied Sciences, Groningen

#### Morning:

- Healthy ageing starts in childhood Prof. Janneke Metselaar
- Lessons learned from the corona pandemic- policy recommendations Mrs. Djoeke Besselink
- Preparing presentations for FAITH Advisory Board Mrs. Ineke de Jong

Lunchbreak

#### Afternoon:

- Presentations by FAITH Summer School participants to Advisory Board FAITH research
- Evaluation Summer School and closing