



# Frailty Summer School

12-17 June 2022 | Leeuwarden | The Netherlands

## Objectives

- To expand your international and interprofessional network
- To exchange expertise and experience on frailty and resilience

## Learning outcomes

After the Summer School, you will:

- Understand the concepts of frailty and resilience from different perspectives
- Be able to assess the construct of frailty and resilience from different perspectives
- Be able to reflect on your own frailty related research question, research design, data analysis and the use of data in designing innovative solutions.

## Who can participate?

Researchers, professionals, lecturers and students can attend the Summer School. Topics will be offered on both basic and advanced level.

## Language

To be able to participate in the Summer School, basic level of the English language is required. The Summer School will continue with a minimum of 12 participants.

## Registration

To register, please complete the online [form](#).

Registration fee (hotel is not included):

FAITH members: €500

Non-FAITH members: €700

## Contact

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# Main topics and speakers

## On the concepts of frailty & resilience

- Frailty from a holistic point of view
- Measuring Frailty & Resilience

## On the variety in applied frailty research

- Enhancing resilience in perihospital treatment
- Physical activity interventions to prevent physical frailty
- Client empowerment as a tool for treatment in psychiatric care
- Malnutrition as both cause and consequence of frailty
- Cognitive and social frailty: assessment and interventions
- Frailty diagnosis in comprehensive geriatric assessment

- Prevention and treatment of frailty from a public health perspective
- Frailty in persons with intellectual and visual disabilities
- Resilience; intrinsic capacity and self-management
- Family care

## On methodological developments in frailty research

- Design research – participants make their own prototype
- Data analysis and interpretation: towards advanced quantitative, qualitative and data analyses in frailty research

- Prof. dr. Nynke Boonstra – NHL Stenden University of Applied Sciences (NL)
- Prof. David Beckwée – University of Brussel and University of Antwerpen (BE)
- Prof. Hans Drenth – Hanze University of Applied Sciences (NL)
- Prof. Gea van Dijk – NHL Stenden University of Applied Sciences (NL)
- Prof. dr. Evelyn Finnema – NHL Stenden University of Applied Sciences (NL)
- Prof. Robbert Gobbens – InHolland University of Applied Sciences (NL)
- Prof. Hans Hobbelen – Hanze University of Applied Sciences (NL)
- Prof. Harriët Jager-Wittenaar – Hanze University of Applied Sciences (NL)
- Prof. Fons van der Lucht – Hanze University of Applied Sciences (NL)
- Prof. Marie Louise Luttik – Hanze University of Applied Sciences
- Prof. Geert van der Sluis – Hanze University of Applied Sciences (NL)
- Prof. Job van 't Veer – NHL Stenden University of Applied Sciences (NL)
- Prof. Aly Waninge – Hanze University of Applied Sciences (NL)



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